

# Better rehab outcomes in less time

## OUR TOP PROGRAMS FOR SENIORS

### Free to Move

Orthopedic Rehab



**98.6%**

average FOM gain

**+2.15**

average FOM change from  
initial evaluation to discharge

#### AVERAGE LENGTH OF STAY

Aldersgate

**26.4**  
days

National

**27**  
days



Average FOM  
at Discharge

### Steady Steps

Fall Management



**66.1%**

average FOM gain

**+1.74**

average FOM change from  
initial evaluation to discharge

#### AVERAGE LENGTH OF STAY

Aldersgate

**21.5**  
days

National

**25.7**  
days



Average FOM  
at Discharge

### Steady Rhythms

Cardiopulmonary Rehab



**65.1%**

average FOM gain

**+1.76**

average FOM change from  
initial evaluation to discharge

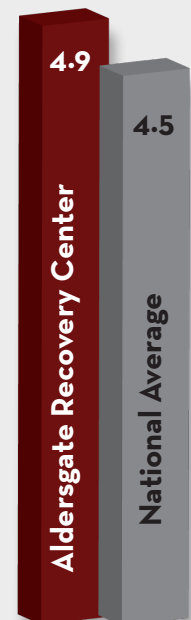
#### AVERAGE LENGTH OF STAY

Aldersgate

**18.1**  
days

National

**22.5**  
days



Average FOM  
at Discharge

\* Data for all Med A reimbursement from  
01/2018 through 08/2018

[LEARN MORE](#)